	Name of Scale & Population	Description	Cronbach's alpha	Authors	Reference	Thesis Title	Session	
			er en	Thesis in DC	P			
		F2021381029		Thesis in GCUL				
1	Anger Expression Scale for Adolescents			Baber, A. (2012). Anger, Parent-Adolesce	Anger, Parent-Adolescent Relationship and Self Esteem among Adolescents	MS 2010-12		
1	Anger Expression Scale for Adolescents	• 74 items		Bashir, A. (2012). Cognitive Errors and M	Cognitive Errors and Mental Health Problems among Adolescents	MS 2010-12		
	5. T	E1 Mind Reading						
		F2 Self Labeling F3 Fortune Telling						
		F4 Maximization						
		F5 Minimization F6 Should/Must						
1	Anger Expression Scale for Adolescents	62 Items Factor 1: Solution Focused coping		Irshad, S. (2012). Coping Styles and Men	Coping Styles and Mental Health Functioning among University Student	MS 2010-12		
		Factor 1: Solution Focused coping Factor 2: Emotion Focused coping						
		Factor 3: Avoidance Factor 4: Seeking Help						
		Factor 4: Seeking Help Factor 5: Spirituality						
4	Coping Scale for University Students	68 items	Shaista Irshad, Sadia Saleem, Zahid Mahmood	Coping Strategies of University Students:	A Validation Study			
		F1 Solution Focused Coping F2 Emotional Focused Coping						
		F3 Avoidance						
		F4 Seeking Help						
-		F5 Spirituality	Rakshanda Rasheed		In			
5	Resilience Scale for Adolescents	68 items F1 Self Regulation	& Sadia Saleem	Rasheed, R. (2012). Resilience, Mental H	Resilience, Mental Health Problems and Bullying Victimization among /	MS 2010-12		
		F2 Self Confidence						
1		F3 Robustness F4 Optimism						
		F5 Tolerance						
-	Self-concept Scale for Adolescents	F6 Poor problem Solving Skills	NaziaPerveen& Sadia Saleem	Parsean N (2011) Relationship between	Relationship between Emotional and Behavioral Problems, Self-Concept	MS 2011 2000		
	Self-esteem scale for university students	59 Items	Nazia Zafar & Sadia Saleem		Relationship between Emotional and Benavioral Problems, Self-Concept Development of Self-Esteem Scale for University Students and Its Relati			
1 '	sector sector and the anti-tenty statems	59 Items F1 Low Self-Esteem						
1		F2 Competence F3 Anxious/Withdrawan						
		F4 Sociability						
-	a 11. W. a Le LI.	F5 Self Confidence		1. C.M. (2012) G. 117		N/2 2010 12		
8	Social Intelligence Scale for Adolescents.	 86 items F1 Social Deviousness 	MadihaYousaf& Sadia Saleem	rousar, M (2012). Social Intelligence, Sel	Social Intelligence, Self-esteem and Mental Health Problems among Ado	1MS 2010-12		
		F2 Dominance and Control F3 Social Facilitation						
		F3 Social Facilitation F4 Pro-Social						
1		F5 Social Desirability						
		F6 Social Etiquettes						
9	Student Problem Checklist	45 items F1 Dysfunctional		Mahmood, Z., & Saleem, S. (2011). Asses	sing psychological problems in University students in Pakistan: A psycho-	metric study. FWUJournal of Social Sciences, 4(2), 20-38.		
		F2 Loss of Confidence						
		F3 Lack of Self Regulation F4 Anxiety Proneness						
10	Social Intelligence Scale for University Students	 68 items 	Shazia Habib, Zahid Mahmood& Sadia Saleen	1	"Development Of Social Intelligence Scale (Sis) For University Students	2008-2010		
1		F1 Social Skills						
		F2 Social Manipulation F3 Cooperation						
		F4 Socially Facilitating						
		F5 Acceptance and Consistency F6 Absence of Negative Traits						
11	Athlete Resilience Checklist	• 27 Items	Sara Subhan & Tazvin Ijaz		Resilience Scale for Athletes	2011	L	
		F1 Self- Determination F2 Physical Toughness						
		F3 Emotional Control and Maturity						
	EMBU-C							
	EMBU-A	• 27 items						
	DASS-21	• 21 Items						
15	GHQ CBCL Teacher	• 30 items						
	Identity Styles Inventory-V	(0-3)						
18	General Self-Efficacy Scale	• 10 Items	Jerusalem and Schwarzer, 1979					
	Big-Five Personality Inventory	44 items						
		F1 Extroversion F2 Agreeableness						
		F3 Conscientiousness						
1		F4 Neuroticism F5 Openness to Experience						
20	Difficulties in Emotion Regulation Scale (DERS)	Items 36	1	Gratz, K. L. & Roemer, L. (2004). Multid	imensional assessment of emotion regulation and dysregulation: Developr	I nent, factor structure, and initial validation of the Difficulties in Emotion Regulation Scale. Journal of Psychopathol	logy and Behav	oral Assessment, 26. 41-54
1 -0		F1 Non Accept			and a second			
1		F2 Goals F3 Impulse						
1		F4 Awareness	1					
1		F5 Strategies F6 Clarity						
21	Post Traumatic Stress Disorder Checklist for DSM-5	• 20 Items	1					
	Multi Dimensional Scale of Perceived Social Support	Items 12	Translated	Zimet, G.D., Dahlem, N.W., Zimet, S.G. &	& Farley, G.K. (1988). The Multidimensional Scale of Perceived Social Su	pport. Journal of Personality Assessment, 52, 30-41.		
		F1 Family F2 Friends						
		F3 Significant Others						
23	Family Cohesion Scale	62 Items F1 Balanced Cohision	Translated					
		F2 Balanced Falexibility						
1		F3 Disengaged						
1		F4 Enmeshed F5 Rigid						
		F6 Chaotic						
1		F7 Familiy Communication F8 Famility Satisfaction						
24	Short Dark Triad Scale	 27items 	Adapted	Jone & Paulhus, 2013. Introducing the she	Dark triad social intelligence and mental health problems in law students	MS 2015-2017		
		FI Machiavelliansim F2 Narcissism						
		F2 Narcissism F3 Psychopathy						
				Thesis in UMT				
Sr. No	Name of Scale	Description	Authors	Reference	Thesis Title	University & Session		

1	I.Brief Pain Symptoms Scale 2. Pain Symptoms Scale	Items 17 (0-3)	Sadia Qadeer & Zahid Mahmood	Qadeer, S., & Mahmood, Z. (2015). The E	The Effect of Cognitive Behavior Interventions on the Management of Pa	uMT (2013-2015)	
	2. Pain Symptoms Scale 3. Pain Rating Scale	• (0-3)					
		• Items 26 • (0-3)					
		· · · · /					
	4. Statement of Psycho-education	(0-9) Pre & Post 0 Never					
	5. Verbatim of the PMR	o 1-3 Mild					
	6. Verbatim of GI	o 4-6 Moderate					
2	I.Causes of Anger Scale (CAS)	o 6 or Above Severe • Items 49	Abdifatah H. Daud & Zahid Mahmood	Daud A H & Mahmood Z (2015) Atta	Attachment Styles Causes and Expression of Anger in Pakistani and Som	LIMT (2012 2015)	
2	Causes of Anger Scale (CAS)	 (0-3) 	Abditatan H. Daud & Zanid Manmood	Daud, A. H., & Maninood, Z. (2013). Atta	Attachment Styles Causes and Expression of Anger in Pakistani and Son	10/11 (2013-2013)	
		2 factors o Threat					
		o Frustration					
3	1.Identity Scale for Adolescents (ISA)	Items 61	Shumaiza Iqbal & Sadia Saleem	Iqbal, S., & Saleem, S. (2015). Perceived I	Perceived Parenting Styles Identity in Adolescents	UMT (2013-2015)	
		• (0-3) • 4 factors					
		Positive Self Identity					
		Negative Self Identity Weak Self Identity					
		Arrogant Self Identity					
4	1.Test Anxiety Scale	Items 23 5 point rating	Sabrina Asim & Zahid Mahmood	Asim, S., & Mahmood, Z. (2015). Perfecti	Perfectionism and Test Performance Anxiety in University Students	UMT (2013-2015)	
		 5 point rating 					
	2.Perfectionism Inventory						
		Items 25 S point rating					
		5 point rating 3 sub scale					
		Self Oriented Perfectionism Other Oriented Perfectionism					
		Socially Prescribed Perfectionism					
5	2.Expression of Anger Scale	Items 26 (0-3)	Abdifatah H. Daud & Zahid Mahmood				
		 4 factors 					
		Anger Out Anger In					
		Anger Coping					
6	Asthma Symptoms Checklist (ASC)	Break Up Items 47	Marvam Amiad & Zahid Mahmood	Amind A. & Mahmand 7 (2015) Ourbit	Outline of Life and Demonstration in the Definite with Deve third Arthurs	LIMT (2013-2015)	
0	rsunna symptoms Checklist (ASC)	• Items 47 • (0-3)	waryam Anijau & Zanid Manmood	ranjau, r., & manmood, Z. (2015). Qualit	Quality of Life and Depression in the Patients with Brondhial Asthma	0/01 (2015-2015)	
7		 32 items 	SihamAmjad& Sadia Saleem	Amjad, S. (2014). Perceived Parental Dish	Perceived Parental Disharmony and Experience of Bullying Victimizatio	MS UMT 2012-14	
		F1 Emotional Bullying F2 Verbal Bullying					
		F3 Physical Bullying					
8	Burnout Scale for University Students	 44 items F1 Emotional Exhaustion 	Afifa Shahzad & Sadia Saleem	Shahzad, A. (2014). Personality Types and	Personality Types and Burnout in University Students	MS UMT 2012-14	
		F1 Emotional Exhaustion F2 Irritability					
		F3 Boredom					
0	Burnout Scale for University Students	F4 Dependability • 4 factors	Afifa Shahzad & Sadia Saleem	Shahrad A (2014) Barconality Tymes and	Personality Types and Burnout in University Students	MS UMT 2012-14	
,	Sumour scare for Oniversity Students	Emotional Exhaustion	Ana Shanzau & Saula Saleem	Shanzad, A. (2014). Fersonanty Types and	reisonanty Types and Burnout in Oniversity Students	M3 0M1 2012-14	
		Irritibility Boredom					
		Dependability					
		• 53 items • (0-3)					
10	Cognitive Error Scale (CES)	• Items 36	Khadija Khaliq & Sadia Saleem	Khalia K & Saleem S (2015) Cognitiv	Cognitive Errors, Interpersonal Difficulties and Mental Health Problems	UMT (2013-2015)	
		 (0-3) 		······································			
		4 factors o Other's Negative Evaluation of Self					
		o A sense of Failure o Other's Behavior Towards Me					
		o Other's Behavior Towards Me o Exaggeration					
11	Coping Strategies for Adolescents	 3 factor 	Shazia Sharif & Sadia Saleem	Sharif, S. (2014). Emotional and Behavior	Emotional and Behavioral Problem and Coping Strategies in Orphan and	MS UMT 2012-14	
		Emotion Focused Coping Problem Focused Coping					
		Spirituality					
		• 47 items					
		• 0-3 • Age(13-19)					
12	Coping Strategies for Adolescents		Shazia Sharif & Sadia Saleem	Sharif, S. (2014). Emotional and Behavior	Emotional and Behavioral Problem and Coping Strategies in Orphan and	MS UMT 2012-14	
13	Cyberbullying Assessment Scale	• Items 49 • (0.3)/vac or no	Maaza Saeed & Maryam Rizvi	Saeed , M., & Rizvi, M. (2015). Cyber Bu	Cyber Bullying and Mental Health Problems in UNiversityStudent	UMT (2013-2015)	
14	Development of Interpersonal Difficulties Scale for	(0-3)/ yes or no 59 items	Sadia Saleem, Zubialhsan and ZahidMahmoo	Saleem, S., Ihsan, Z. & Mahmood 7 (201	Interpersonal Difficulties, Social Intelligence and Mental Health Problem	UMT Top Up 2012-13	
	University Students	F1 Dominated by Others			,		
		F2 Low Self-confidence F3 Mistrust					
		F4 Lack of Assertiveness					
		F5 Lack of Boundaries F6 Unstable Relationships					
15		 Six factors 	Sadia Saleem, Zubia Ihsan, and Zahid Mahmo	Saleem, S., Ihsan, Z., &Mahmood, Z. (201	Interpersonal Difficulties, Social Intelligence and Mental Health Problem	UMT Top Up 2012-13	
	University Students	o Proneness to Passivity					
		o Low Self Confidance o Lack of Social Support					
		o Lack of Assertivness					
		o Lack of Boundaries o Unstable Relations					
		 61 items 					
16	Embitterment Scale for University Students	0-4 rating 35 Items	Arfa Habib & Sadia Saleem		Attachment Styles and Embitterment in University Students	2014-2016	
		F1 Egocentric					
	Emotionan Pagulation Quastionneirs for Addressed (CROA)	F2 Over Sensitive Items 60	Tehmina Yasser & Sadia Saleem	Verser T. & Seleem S. (2015) E.	Emotion Doculation Strategies and Martal Haulds are blance to the	UMT (2012-2015)	
1.75	Emotionan Regulation Questionnaire for Adolescents (ERQA)	• (0-3)	remmita rasser & Saula Saleem	rasser, 1., & Sarcem, S. (2015). Emotion I	Emotion Regulation Strategies and Mental Health problems In Adolescer	(0m1 (2015-2015)	
17		 3 factors 					
17		Internalizing		1	1		
17		Internalizing Active Resolution					
		Internalizing Active Resolution Distraction					
18	Fear Scale for School children	Internalizing Active Resolution Distraction			Perceived Parenting Styles and Fears in Mainstream and Shanty Town Sc Perceived Parental Styles and Fears in Mainstream and Shanty Town Sch		
18		Internalizing Active Resolution Distraction • 0-3 rating • 44 items	Maheen Saleem & Sadia Saleem Maheen Saleem & Sadia Saleem		Perceived Parenting Styles and Fears in Mainstream and Shanty Town Sc Perceived Parental Styles and Fears in Mainstream and Shanty Town Sch		
18		Internalizing Active Resolution Distraction • 0-3 rating					

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Normal Action Nor		7 point rating 3 factors					
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	23 Mental Toughness Scale for University Students (MTS)		Sarah Anthoney & Sadia Saleem	Anthoney S. & Saleem S. (2015). Menti-	Mental Toughness and Mental Health Problems in University Students	UMT (2013-2015)	1
	25 Mental Toughtess Scale for Oniversity Statents (MTS)	F1 Personal Strength	Salah Halloney ee Salah Saleem	runnoney, 5., ee Saleeni, 5. (2015). Meni	include roughless and include real robicitis in ourrelisity stadents	041 (2013-2013)	
		F2 Optimism					
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		Lack of Respect					
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a Image: State	· · · · · · · · · · · · · · · · · · ·	• (0-3)	,				
$1 \ large la$	33 Resilience Scale for University Students (RS)	Items 50	Benish Khadim & Sadia Saleem	Khadim, B., & Saleem, S. (2015). Perceiv	Perceived Parenting Styles, Resilience and Mental Health problems in U	UMT (2013-2015)	
III <th< td=""><td></td><td>• (0-3) • 4 factors</td><td></td><td></td><td></td><td></td><td></td></th<>		• (0-3) • 4 factors					
III <th< td=""><td></td><td>F1 Lack of Emotional Regulation</td><td></td><td></td><td></td><td></td><td></td></th<>		F1 Lack of Emotional Regulation					
B B		F2 Self Confidence					
B B		F4 Problem solving					
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Image: State Stat		F1 Sexual Rules Breaking					
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3 Image: State		F4 Nonnhysical Bullying					
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37 Self of Job Related Stresson of Police Officers Herma Sa • Appell and Tragk Zahid Malmood Tarigk Zahid Malmood Tarigk Zahid Malmood Tarigk Zahid Malmood Tarigk Zahid Malmood Farigk Zahid Malmood F	36 Scale for Job Related Stressors of Police Officers	- mm _B (3-3)	Avesha Traig&ZahidMahmood	Tarig, A. (2014), Job Related Stressors an	Job Related Stressors and Mental Health of Police Officers	MS UMT 2012-14	
- -0.3 +0.62(-0.0) -0.3 +0.62(-0.0) -0.3 +0.62(-0.0) -0.0 -0.1 -							
38 Sack for skep problems in university Students Image: Index 2 mini-ersity Students <t< td=""><td></td><td>• 0-3</td><td></td><td></td><td></td><td></td><td></td></t<>		• 0-3					
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1 21 loss (-)	55 State for steep problems in university Students	Sleep Problems	And Maninood	and, 11. (2014). Steep Problems and Met	Soce rootents and mental reard issues in University Students	phy contracted	
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A Backs Sadnes					and Self Concept in Adolescents		4
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43 Semetic Differencial -2 factors Positive Self Concept Negative Self Concept Dr. Sadiu Saleem 43 Semetic Differencial -2 factors Pl Positive F Positive F Positive Dr. Sadiu Saleem	42 Self-Concent Scale		Sana Rehman & Avecha Jahaan	Rehman S & Jahoon A (2015) T	Temperament Self Concent and Emotional Debautional Deabl in Ad-1	(IMT (2013-2015)	1
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	44 Sensation Seeking Scale University Students	1	reiyai Iqbai &ZanidMahmood	riquar, F. (2014). Sensation Seeking and M	Sensation Seeking and Mental Health Problems in University Students	IM5 UM1 2012-14	1

45 Sensation Seeking Scale University Students	4 factors Danger Loving (12-Items) Adventure Seeking (11-Items) Rule Breaking (8-Items) Being different (8-Items) e Items 39	Feryal Iqbal & Zahid Mahmood	Iqbal, F. (2014). Sensation Seeking and M	Sensation Seeking and Mental Health Problems in University Students	MS UMT 2012-14		
	• (0-2)					_	
	Items 43 (0-3) 4 factors o Social Difficulties o Isolation o Adjustment to University Problems o Lack of Facilities	Hifza Muzammal & Zahid Mahmood		Social Adjustment and Coping Strategies in Hostel Living and Day Schol			
47 Social Rejection Peer Scale	• Items 35 • (0-3) • 4 factors Social Rejection Bullying Dominance Control Testing	Komal Huma & Zahid Mahmood	Huma, K., & Mahmood, Z. (2015). Social	Social Rejection by Peers and Social Anxiety in Adolescents	UMT (2013-2015)		
48 Social Skill Scale for Adolescents (SSS)	Items 24 (0-3) 3 factor Getting Along Skills Social Attributes Friendship Skills	Sana Hamid & Ayesha Jabeen	Hamid, S., & Jabeen, A. (2015). Social Sk	Social Skills, Coping Styles, Emotional and Behavioral Problems in Adol	IUMT (2013-2015)		
49 Social Skills Scale for Adolescent	Items 24 (0-3) 3 Factors Getting Along Skills Social Attributes Friendship Skills	Sana Hamid & Ayesha Jabeen		Social Skills, Coping Styles and Behavioral Problems in Adolescents	UMT (2013-2015)		
50 Student Teacher Relationship Scale	Items 21 7 point rating 2 factors Positive Student Teacher Relationship Negative Student Teacher Relationship	M. Amer & Sadia Saleem	Amer, M., & Saleem, S. (2015). Percieved	Percieved Student-Teacher Relationship, Self-Esteem, Internalizing and I	EUMT (2013-2015)		
51 Student's Procrastincation Scale(SPS)	Items 32 (0-3)	Qandeel Mahmood & Sara Subhan	Mahmood , Q., & Subhan, S. (2015). Perc	Perceived Parenting Styles, Procrastination and Self Esteem in University	UMT (2013-2015)		
	56 items F1 Apprehension F2 Impulsivity F3 Cattiousness F4 Introversion F5 Submissiveness F6 Extroversion	Sara Mehmood Durrani, Zahid Mahmood and	Sadia Saleem	The Development and Validation of Temperament Scale for University St			
53 Tempermaent Scale for Boys (Maternal Perspective)	69 Items F1 Rigid/Aggression F2 Carelessness F3 Passive/Withdrawn F4 Socialability	Hajra Amin, Sadia Saleem		The Development of a Temperament Scale for Young Children: A Matern	¤2014-2016		
54 Tempermaent Scale for Girls (Maternal Perspective)	61 Items F1 Rigid F2 Oversensitivity F3 Social F4 Irritability/Demanding	Hajra Amin, Sadia Saleem		The Development of a Temperament Scale for Young Children: A Matern	2014-2016		
55 Psycosocial Problems of Women with Menopause Scale	38 items Signle Factor	Hafiza Neelam Younas, Umaiza Bashir		Personality Traits, Coping and Psychosocial Problems of Women with M	lenopause		
56 Bully's Characteristics Scale for University Students	48 Items Single Factor	Chandni Hafeez, Sadia Sallem		Personality Traits, Social Intelligence and Bully's Characteristics in Univ	versity Students		
57 Emotion Regulation Scale for University Students	50 Items F1 Emotion Dysregulation F2 Emotion Regulation	Sara Mehmood Durrani, Zahid Mahmood		Temperament, Emotion Regulation and Mental Health Issues in Universit	iy Students		
	23 items Single Factor	Sabrina Asim, Zahid Mahood		Perfectionism and Test Performance Anxiety in University Students			
59 Post Traumatic Embitterment Disorder 60 Cognitive Error Scale for Transgender	42 items F1 Negative Self Content F2 Negative Perception of Others F3 Over Compensatory Reaction	Mehwish Iqbal, Ayesha Jabeen		Attachment Styles, Cognitive Errors and Social Intelligence in Transgend			
	• 27 Items F1 Anxiety F2 Domestic Problems F3 Depression F4 Somatic Problems	Amber Ashfaq, Zahid Mahmood		en and Mental Health during Three Trimesters	201		
	27 Items F1 Selfkindness F2 Mindfulness F3 Spirtuality 22//	Atiya Batool, Ayesha Jabeen		es and Mental Health Problems in University Students	201		
63 Psychosocial Stressors Scale of Mothers of Children with Thalass	F1 Lack of Emotional Regulation F2 Lack of Social Support	Ummay Kalsoom, Fatima Naeem		gies of Mothers of Children with Thalassemia			
	18 Items F1 Active Coping F2 Passive Coping	Ummay Kalsoom, Fatima Naeem		gies of Mothers of Children with Thalassemia	201		
65 Peer Relationship Scale for School Children	43 items F1 Positive Attributes F2 Negative Attributes	Mehwish Nasreen, Fatima Naeem		Emotional and Behavioral Problems among Adolescents	201		
	72 Items F1 Work Related Perfectionism F2 Being Critical to self and others F3 Interpersonal Idealism	Tabinda Masood, Fatima Naeem	Perfectionism, Self Concept and Interperse	onal Difficulties in University Students	201	6	
67 Functional Developmental Profile for boys 5-6 years	20 items Social/Emotional Area Cognitive Area Communication Area Adaptive Functioning Physical Area	Ali Jawad, Fatima Naeem					
68 Marriage Proposal Rejection Reaction Scale	33 Items FI Frustration F2 Internalizing Anger F3 Externalizing Anger	Zaib-un-Nisa & Sara Subhan					
69 Romantic Relationships Breakup Scale (RRBS)	34 items F1 Withdrawal F2 Diffuse Anger	Anila Sarwar & Sara Subhan	Parenting, Coping and Psychosocial React	ions of University Students with Romantic Relationships Breakup			

		1			
70 Student Procrastination Scale	32 Items Single Factor	Qandeel Mahmood & Sara Subhan	Perceived Parenting, Procrastination and Self-Esteem of University Students		
71 Romantic Relationships Breakup Coping Scale (RRBCS)	23 items F1 Distraction	Anila Sarwar & Sara Subhan	Parenting, Coping and Psychosocial Reactions of University Students with Romantic Relationships Breakup		
72 Self Criticism Scale for University Students	F2 Emotion Focus Coping • 61 items	Mafia Shhzadi & Sadia Saleem	PersonalityTypes, Self-Criticism and Interpersonal Problems among University Students	2016	
12 Self Childram Scale for Oniversity Statents	F1 Hopelessness F2 Lack of Self Confidence	Mana Shintari ee Saana Sheem	r containy rypes, sen-critician and interpression r robeins anong on reasily students	2010	
	F3 Rejection F4 Over Sensitive				
	F5 Anxious				
73 Coping Strategies Scale for Adolescents	F6 Lack of Initiative • 41 Items	Shazia Sharif & Sadia Saleem	Emotional and Behavioral Problem and Coping Strategies in Orphan and Non-Orphan Institutionalized Adolescents	2014	
75 Coping strategies scale for Aubiescents	F1 Emotion Focused Coping	Shazia Sharii ee Sadia Saleeni	Emotional and Benavioral Frobent and Coping Strategies in Orphan and Non-Orphan instrumonanzed Adorescents	2014	
	F2 Problem Focused Coping F3 Spirituality				
74 Perceived Parental Efficacy Scale for Adolescents	 33 Items F1 Freedom of Choice 	Sana Fatima & Ayesha Jabeen	Parental Efficacy, Parental Disharmony and Emotional Behavioral Problems: Child's Perception	2017	
	F2 Care and Nurturance F3 Awareness				
75 PsychoSocial Problems of Unmarried Females	26 items	Adeeba Younas, Dr. Zahid Mahmood	Perceived Parental Rearing Practices, Self-Concept and Psychosocial Problems of Unmarried Females	2017	
	F1 Emotional Rejection F2 Cultural Rejection F3 Negative Thinking				
76 Psychosocial Problems of Female Flight Attedantds	F3 Negative Thinking 33 Items	Fatima Afzaal & Avesha Jabeen	Personality Traits, Burnout Tendencies and Psychosocial Problems of Female Flight Attendants	2017	
76 Psychosocial Problems of Penale Pright Attenands	F1 Social Stressors	Fatima Alzaai & Ayesna Jabeen	reisonanty traits, burnout tendencies and rsychosocial riobients of remaie right Attendants	2017	
77 Orphan Children Problems Scale	F2 Psychosomatic Stressors • 29 Items F1 Lack of Emotional Support	Quratul Ain Jamil & Zahid MAhmood	Gender Differences in Psychosocial Problems and Self Esteem of the School Orphans in Lahore	2017	
	F1 Lack of Emotional Support F2 Lack of Social Support		······································		
	F3 Lack of Interpersonal Support				
78 Psychopathic Trait Scale for Police Officers	Items 36 F1 Dominance F2 Manipulation	Sadia Aftikhar & Sadia Saleem	Psychopathic Traits, Self-Concept and Mental Health Problems in Police Officers	2017	
	F2 Manipulation F3 Egocentrism				
79 Self Concept Scale for Police Officers	Items 20	Sadia Aftikhar & Sadia Saleem	Psychopathic Traits, Self-Concept and Mental Health Problems in Police Officers	2017	
80 Self Injurious Behavior Scale for Adolescents 81 Psychosocial Stressors of Working Mothers	Items 30	Fariha & Sadia Saleem Zahra Bakhat Awaisi, Fatima Naeem	Psychosocial Stressors, Coping Strategies, and Mental Health Problems of Working Mothers (Bankers)	2017	
	F1 Lack of Self Regulation F2 Lack of Familial Support			2017	
82 Psychosocial Problems of Eczema Patients Scale	41 Items	Nida Abdul Khaliq, Ayesha Jabeen	Attachment Styles, Embitterment and Psychosocial Problems of Eczema Patient	2017	
	F1 Depressive Symptomtology F2 Preoccupation with Disease				
83 Neur-Cognitive Assessment Battery for Storke Patient	 7 Cognitive Areas 	Syeda Namrah Mahmood, Ms. Umaiza Bashir	The Development of Neuro-Cognitive Assessment Battery for Stroke Patients (N-CABS)	2017	
	Orientation Attention				
	Memory /New Learning Arithmatic				
	Naming Reasoning				
	Hemineglect • 9 Sub test				
	Orientaion Digit Span				
	Paired Associate Learning Test				
	Naming Similitries				
	Arithmatic Bells Test				
	Block Design Non Verbal Visual Learning Test				
84 Maternal Stress Scale	21 Items	Shehnaz Akhter, Dr. Zahid Mahmood	Effects of Group CBT on Stress of Mothers with Intellectually Disable Child	2017	
85 Interpersonal Workplace Strain	1 factor • Items 54	Nimra Wahid, Dr. Zahid Mahood	Interpersonal Workplace Strain, Coping Strategies and Mental Health Problems in Doctors	2017	
86 Postpartum Body Image Satisfaction	1 Factor • 14 items	Hira Saleem, Ms Umaiza Bashir	Psychosocial Problems, Postpartum Body Image Satisfaction and Mental Health of New Mothers		
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87 Psychosocial Problems of New Mothers	Positive 23 items	Hira Saleem, Ms Umaiza Bashir	Psychosocial Problems, Postpartum Body Image Satisfaction and Mental Health of New Mothers	2017	
	F1 Self Regulation F2 Socioemotional Ability				
88 Stress Scale	 37 items 	Sadaf Farooq, Dr. Muhammad Rafiq Dar	Personality Traits And Self-Awareness of Stress in University Teachers	2017	
	F1 Personal Challenges F2 Interpersonal Challenges				
89 Obsessive Complusive Symptoms Checklist(OCSC)	F3 Personal Malfunctioning • 27 Items				
90 Humanism Scale for University Students	 45 Items 	Tooba Shaukat, Dr. Zahid Mahmood	Personality, Social Intelligence and Humanism in University Students	2017	
	F1 Personal Qualities F2 Interpersonal Skills				
91 Drive for Muscularity Inventory (DMI)	F3 Absence of Negative Character • 26 Items	Sadia Rehman, Ms. Umaiza Bashir	Personality Traits, Drive for Muscularity and Tendencies of Muscle Dysmorphia among Bodybuilders	2017	
	 20 rems F1 Muscle Enhancing Behaviors F2 Thoughts and Desires Related Muscluar Body 	Same recomment, 145. Utilated Dastill		2017	
92 Stressors in Lawyers	F2 Thoughts and Desires Related Muscluar Body • 36 Items F1 Lack of Interpersonal Skills	Rabbia Basharat, Dr Fatima Nacem	Personality Type, Social Intelligence and Occupational Stressors among Lawyers	2017	
	F1 Lack of Interpersonal Skills F2 Lack of Intrapersonal Skills				
	F3 Apprehensiveness				
93 Motives for Using Facebook Scale in University Students	20 Items F1 Social Factor	Mubashira Asma, Dr. Zahid Mahmood	Socio-Psychological Correlates of Emotional Self Disclosure on Facebook among University Students	2017	
94 Emotional Self Disclosure on Facebook Scale in University Stu	F2 Functional Factor	Mubashira Asma, Dr. Zahid Mahmood	Socio-Psychological Correlates of Emotional Self Disclosure on Facebook among University Students	2017	
s and the set of the s	F1 Anxiety Emotional Self Disclosure		server and the server of the s	2017	
	F2 Happiness Emotional Self Disclosure F3 Depression Emotional Self Disclosure				
95 Burnout tendencies scale	41 Items F1: Feeling of Exhaustion	Sana Daud & Zahid Mahmood	Daud, S. & Mahommd, Z. (2017). Burnou Burnout Tendencies and Mental Health Issues of University Administrati	2017	
	F2: Feeling of Dysfunctional F3: Somatic Complaints				
96 Relationship Scale for Diabetic Patient	 34 Items 	Sadia Irfan, Maryam Rizvi	Embitterment, Interpersonal Relationship and Mental Health Problems in Patients with Dibeties	2016- 2018	
	F1 Coexistance F2 Companionship				
07 Level «Ethestelsis in Hestel Co. 1.	F3 Accmodation	Sunda Allia Data al Kasa i Da 2011 Marti	Transcomment Fields Attractions and Taxal a CMars 1111 112 1121	2018	
97 Level of Nostalgia in Hostel Students	31 Items F1 Homesickness	pycua Ailia Batool Kazmi, Dr. Zahid Mahmood	Temperament Style, Attachment Pattern and Level of Nostalgia in Hostel Students	2018	
	F2 Somatic Reacations Positive Attitude				
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98 Temperament Scale for University Students (it was already establ	48 Items F1 Ectroversion F2 Introversion F3 Competence	Syeda Ailia Batool Kazmi, Dr. Zahid Mahmoo	d Temperament Style, Attachment Pattern and Level of Nostalgia in Hostel Students	2018	
	Items 65 F1 Negative Self Image F2 Help Seeking F3 Social Anxiety	f Nadeem, Dr. Zahid Mahmood, Dr. Sadia Sal	Perceived Parental Practices, Interpersonal Dependency, and Mental Health Problems in University Students: Interv	e 2018	
100 Teacher Student Interaction (TSI) Scale	F4 Support Seeking F5 Appeasing Others • 29 items	Ushna Farrukh, Umaiza Bashir	thip and Emotional Behavior Problems in Madrassa and Mainstream School Students	2018	
	F1 Positive Interation F2 Negative Interation	Halima Khurshid, Dr. Zahid Mahmood	social Competence and Bullying Victimization in Adolescents	2018	
	30 items F1 Cohesion F2 Unstructured / Controlling F3 Structured / Chaotic	Hanna Khurshid, Di. Zanid Manmood	ocial competence and bunying vicunization in Adorescents	2018	
	 20 items F1 Personal Social Skills F2 Mutual Social Skills 	Halima Khurshid, Dr. Zahid Mahmood	ocial Competence and Bullying Victimization in Adolescents	2018	
	41 Items F1: Emotional Relational Problems F2: Acting out Tendencies	Ifra Saleem & Maryam Rizvi	its, Emotional Disclosure and Self-Harm Tendencies in Early Adults	2018	
	32 Items F1: Psychosomatic Problems F2: Interpersonal Difficulties	Lubna Shahzadi & Ayesha Jabeen	eeved Social Support and Psychosocial Problems in farmers	2018	
105 English Vocabulory Test for School Children for Grade 6th, 7th & 106 Grief Reaction Scale (GRS)	• • 39 Items	Ayesha Amin & Fatima Naeem Suncela Asif & Sara Subhan	sh Vocabulary Test for School Children of Grade 6th, 7th and 8th ment and Grief reaction in Females with recurrent Miscarriages	2018	
	F1: Grief Reactions				
	34 Items F1: Aggressor F2: Hero F3: Withdrawal	Noor Zainab & Sara Subhan	ble Identification and Mental Health Proble Zainab, N. & Subhan, S. (2018). Family cohesion, role identification and	2018	
Juvenile Criminal Thinking Styles' Inventory (JCTSI)	Three Scales - Juvenile Social Alienation Scale (JSAS)	Fatima Sana & Dr Muhammad Rafiq	Parenting, Criminal Thinking Styles, and Identity among Javenile Deliquents and identity among juvenile delinquents	2017	
	 I 8 items, F1: Disgruntled, F2: Disaffection, F3: Estranged - Juvenile Vindication Scale (JVS) I 9 items, F1: Exoneration, F2: Refutation, F3: Extenuation, F4: Incrimination. - Juvenile Domination Scale (JDS) I 5 items, F1: Self-assertive, 		(Masters Thesis, University of Management and Technology).		
	F2: Hubristic pride, F3: Indomitable	K ID AD DC I		2018	
	37 Items F1: Anxiousness F2: sexual Preoccupation F3: Neurotic Guilt F4: Low self Esteem	Komal Razzaq & Dr. Rafiq dar	al Issues Associated with Internet Pornography in University Male Students	2018	
109 Psychosocial issues of Hirsuti Women	26 item F1: Psychological burden F2: Social burden	Sundas Hassan & Dr. Rafiq Dar	Coping Strategies and Mental health of Women with Hirustium	2018	
110 Problem Checklist of Border Areas	30 Items F1: Personal disruption F2: family Disruption F3: Social Disruption	Fatrima Ashraf & Dr. Zahid Mahmood	st-Traumatic Stress Reactions in Working Boundary Area Population.	2018	
111 Self Criticism Scale for Addicts	27 items F1: Self blaming F2; Negative Cognition	Sana Ajmal & Ayesha Jabeen		2016	
112 Adjustment Problems in 1st year Students	27 Items F1: Acadmic Problems F2: Social Problems	Fareeha Naseer & Dr. Zahid Mahmood		2018	
	52 items F1: Distractability F2: Lac of Support F3: Lack of Emotional Regulation F4: Fear of failure F5:Lack of Facilities	Zainab Javed & Sara Subhan		2018	
114 Maternal Self-Efficacy Scale	18 items F1: General child Care • F2: Mother Child Interaction	Khadija Mahrukh & Umaiza Bashir	nal Self-Efficacy and Fussy Eating in Children: Mother's Perception		
115 Self-Concealment Scale	Items: 17 F1: Fear of others F2: Personal Attributes	Sohaila Javed & Ayesha Jabeen	Support, Self Concealment and Mental Hee Javed, S., & Jabeen, A. (2018). Attachment style, Perceived Social Support, Self Concealment, and Mental Health Problem in University Students. U	9 2018 1	
	Items: 29 F1: Problem Focus F2: Emotional Focus	Taiba Afzal & Dr. Rafiq Dar	Coping Strategies and Mental Health of Patients with Hepatitus	2018	
	Items: 41 F1: Psychosocial Difficulties F2: Social Withdrawal	Taiba Afzal & Dr. Rafiq Dar	Coping Strategies and Mental Health of Patients with Hepatitus	2018	
	Items: 22 F1: personal and Social Resources F2: Spiritual Orienttaion	Asma Nazir & Umaiza Bashir	t, Resilience, and Turnover Intentions in Psychiatric Attendants	2018	
	Items: 26 F1: Positive Quality of Realtionship F2: Negative Quality of relationship	Asma Rafiq & Dr. Zahid Mahmood	p, Emotional Regulation and Interpersonal Difficulties in University Students	2018	
	Items: 26 F1: Positive Quality of Realtionship F2: Negative Quality of relationship	Asma Rafiq & Dr. Zahid Mahmood	p, Emotional Regulation and Interpersonal Difficulties in University Students	2018	
121 The Gullibility Scale	Items: 30 Single factor	Ayesha Shafqat & Sara Subhan	Socila Intelligence, Gullibility and Mental Health Issues of University Students	2018	
122 psychosocial problems of hostel roommates by Fatimah Ilyas	Items: 24 Factor 1: Personal Life Interference F2: Lack of Assertiveness	Fatimah Ilyas & Dr. Zahid Mahmood	Social Intelligence, Interpersonal Difficulties and Psychosocial Problems of Hostel Roomantes	2018	
123 Social Support Scale of Dialysis Patients	Items: 11 Single factor solution	Aqsa Rauf & Zahid Mahmood	Embitterment, Social Support and Mental Health Problems in Dialysis Patients	2018	
124 Psychosocial Scale for systemic Lupus erythematosus for female	Items: 48 Factor 1: psychological Factor 2: Somatic	Muzammal Shafiq & Rafiq dar	Humanism, Perceived Social Support and Psychosocial Problems in Married Women with Systemic Lupus Erythem	2018	
	Factor 3: Social Items: 29 F1: Intrapersonal F2: Interpersonal	Sidra Naz & Dr. Zahid Mahmood	Personality Types, Help seeking behavior and Mental health Issues in University Students	2018	
126 Psychosocial Issues of Myocardial Infarction	Items:29 F1:Psychosomatic compalits	Tanzeela Khaliq & Rafiq dar	Psychosocial Issues, Coping strategies and Mental health Problems in Myocardial Infarction	2019	

	1276	Coping Strategies of Myocardial Infarction	Items: 13	Tanzeela Khaliq & Rafiq dar	Prophosogial Issuer, Coning strategies and	Mantal baalth Brahlams in Museardial Information	201	0	
Image: Note: State Stat	12/0	sping strategies of wyocardiar marchon	F1: Spitual coping	Tanzeeta Khang & Kang dai	i sychosociat issues, coping strategies and	a wentar nearth i footenis in wyocardiar infarction	201	,	
	128	Adjustment Problems in Hostelized Students	Items: 18	Masooma Rubab & Dr. Zahid Mahmood	Adjustment Problems Coping Strategies a	and Mental health problems in Hostelized University Students	201	9	
			F1: Absence of Facilities		· · · · · · · · · · · · · · · · · · ·				
	129 !	sychosoial Issues of working children	F2. Presence of Dimennes	Saima Shaukat & Sadia Saleem	+		201	9	
10 Note: <t< td=""><td></td><td></td><td>F1: Anxious Anger</td><td></td><td></td><td></td><td></td><td></td><td></td></t<>			F1: Anxious Anger						
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			F3Anxiety						
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	133 1		F1: Possessiveness	Rija Ahmed & Ayesha Jabeen	Emotion Regulation Hoarding Behavior at	nd Interpersonal Difficulties in University Students	201	9	
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Image: Note Addite Relationship Cancer Image: Relationship Cancer </td <td></td> <td></td> <td>F2:</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>			F2:						
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IP Section Comparison Code Section State Control Code Section State Code <	137 0	Coach-Athelet Relationship	Items:38 F1: Affectionate relationship F2:Encourgi	Maria Sana Amin & Sara Subhan					
	138.13	rriving Anger Scale (DAS) Academic Competence Scale	25 items 1wo factors Moral Values. Violating Rule 33 items Study Skills Communication Managing S	Avesha Jabeen and Sana Afridi					
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It10 Maine Statem Scale Dime The factor stating profilement of profile Marcia Materia Marcia M		ions of Missing Out Soula	Apprehensions,	Amna Saba Sabir & Ayacha Jahaan	Attachment Stules Mindfulness Interner	conal Difficulties and Fear of Missing Out	202		
14 11 Secure Nake Product Product 11 Secure Nake Product Produ					Academic Stressors, Eating Problems and	Mental Health Issues in College Students			
Image: Section of the sectin of the section of th	144 I	ife Stressors Scale for Peptic Ulcer Patients	F1: Somatic Problems F2: Social Distruption	Maryam Shaheen Ushna Farrukh	Shaheen, M., & Farrukh, U. (2021). Life S	Stressors, Emotional Regulation and Eating Problems among Peptic Ulcer I	202		
I Testor Details and Number of items Inclusion <	145 F	Perceived Helicopter Parenting Scale for Adolescents	F1: Restricting Social Activities (10 items) F2: Do	Kashaf &Halima Khurshid	Kashaf & Khurshid, H. (2021). Perceived	helicopter parenting, social comparison, social competence and emotional	202	1	
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1 Disease Related Stressor Scale Previous Helicopter Parenting Scale Activities (10 terms) Previous Helicopter Parenting Scale Activities (10 ter			Communication	'					
1 Disease Related Stressor Scale Previous Helicopter Parenting Scale Activities (10 terms) Previous Helicopter Parenting Scale Activities (10 ter		Academic Competence Scale	Managing Self Spiritual	0.89	Ayesha Jabeen & Sana Afridi		Emotion Regulation, Obsessive Compulsive Tendencies and Academic Competence in University Students	Spring 2017- Fall 2019	
1 20 terms Faster 1: Read 2: A fastricing Social Activities (10 terms) Noder (72) Moder (72) Kashaf & Klamhid, II. (2021) <i>Inflorger parenting, social comparison, social Competence and Emotional Behavioral Problem in Adolescents</i> 2018-2020 1 Tead 2: Zama (12 2: Zama) Tead 2: Zama (12 2: Zama) Umain Relativity (21 terms) Umain Relativity (21 terms) 2018-2020 1 Tead 2: Zama (12 2: Zama) Umain Relativity (21 terms) Umain Relativity (21 terms) Epision G. Junkir, (2019) Social Junity, Apperament Analogy and Laming Magnetance Analogy and Laming	1				Auseba Samuar & Areache Teleson		Disease Related Stressor, Perceived Social Support and Concealing Behavior of Women with Polycystic Ovary		
Mode Mode <th< td=""><td></td><td></td><td>20 items</td><td></td><td>paycona odiwar & Ayesna Japeen</td><td>1</td><td>jynkuome.</td><td>2019</td><td></td></th<>			20 items		paycona odiwar & Ayesna Japeen	1	jynkuome.	2019	
1 Total 22 items F1. Nors Social Identity (12 items) 12. Ponity Social Identity (10 items) 12. Ponity Social Identity (10 items) 13. Ponity Social Identity (10 items) 14. Ponity Social Identity Social Identity (10 items) 14. Ponity Social Identity (10 items) 14. Ponity So				Mother (.72)					
Pick Spatial light (Plancing) Pi		erceived Helicopter Parenting Scale for Adolescents	Factor 2: F2: Dominance and Control (10 items)	Father (.77)				2018-2020	
Scale Ora Ora Feta Demakogination Teta Demakogination Operation			F1. Poor Social Identity (12 items) F2. Positive Social Identity (10 items)		Umaiza Bashir Ghazal Fatima	Fatima.G.,Bashir. (2019).Social Identity, Appearance Anxiety and Eating Habits in Adol Facial Dermatological Issues. [Master's thesis, University of Management and Technolog	Social Identity, Appearance Anxiety and Eating Habits in Adolescents Having		
		locial Identity		0.78 Cronbach Alpha			Facial Dermatological Issues	2019-2021	
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		20.5						
1 1		28 items and three factors (1; Appearance Concerns, 2; Body Perfectionist Control). The scale was based in 4 points likert scale (0 = net frequently and 3 = always).						
		Control). The scale was based in 4 points likert scale (0 = new	v					
	Orthorexia Symptom Scale (OSS)	frequently and 3 = always).	0.81			Obsessive Compulsive Symptoms, Self-Criticism, Social Support and Orthorexia Symptoms in University Students		
1	Psychosocial Issues in call center employees scale	25 items, 2 factors: Depressive symptomology and	0.93	umer sultan & Dr. Zahid Mahmood	(sultan & Mahmood, 2020)	Temperament, psychosocial issues and burnout in call center employees		
1		F1 Exhaustion (9 items)			Maqbool & Jabeen 2020			
		F2 Withdrawal						
		(9 items)						
		F3 Reduced Self Efficacy (8 items)				-	2020	
-	Psychosocial Issues in employees scale	F4 Negative Compensation	0.91	Naila Saeed Maqbool & Ayesha Jabeen		?	2020	
1		F1. dominanace and control	0.92	anum karamat and sadia saleem	(Karamat & Saleem, 2020)	Family Environment, Emotional Neglect, Self-Injurious Behavior and Depressive Symptoms in Adolescence		
1		F2. lack of attention						
1		total 24 items						
1	Gender Dysphoria Tendency Scale	F1. Gender Dissatisfaction	0.74	wania habib and anum karamat	(habib & Karamat, 2022)	Parental Rejection, Emotional Neglect, and Gender Dysphoria Tendencies in Adolescents		
1		F2. Body Image						
		TOTAL 15 ITEMS						
÷		Factor 1: Poor Self Image	0.00	shafia ameer and anum karamat	(Ameer & Karamat 202)	Family Environment, Body Shaming and Self-Injurious Behavior in Adolescents		
		Factor 1: Poor Seit image Factor 2: Social Isolation	0.86	snama ameer and anum karamat	(Ameer & Karamat,202)	Family Environment, Body Snaming and Seit-Injurious Benavior in Adolescents		
		Factor 3: Fear of Social Rejection						
1		total 30 items						
1		16 items and 2 factors						
	Sense of Self-Efficacy in University Athletes scale	1.Player related skills (9 items) 2.Situation related skills (7 items)		Sibgha Farooqi & Rabia Khadim	Farooqi & Khadim (2020).	Sense of self-efficacy, competitive anxiety and psycho social issues in university athletes.	2018-2020	
1		21 items and 2 factors 1.Somatic Problems (10 items)						
· ·		1.Somatic Problems (10 items)			Farooqi & Khadim (2020).		2018-2020	
-	Competitive Anxiety in University Athletes Scale	2.Pre-occupation with performance (11 items)		Sibgha Farooqi & Rabia Khadim	Farooqi & Khadim (2020).	Sense of self-efficacy, competitive anxiety and psycho social issues in university athletes.	2018-2020	
1								
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H i	1	24 items with two factors were named as						
1 '		24 terms with two factors were named as Health Worries (15i terns) and Inferiority Complex (9 items). Likert scale (Never-0, Sometimes 1, Often-2, Always 3).						
L	Health Related Anxiety Scale	Likert scale (Never-0, Sometimes 1, Often-2, Always 3).	0.86	Laiba Raza and Sana Fatima	(Raza &Fatima, 2021)	Health Related Anxiety, Perceived Social Support, Self-Criticism and Mental Health in University Students		
1		(36 items)						
		4 factors						
		F1 Apprehension (9 items)						
		F1 Apprehension (9 items) F2Lack of decisiveness (9 items)				Intolerance of Uncertainty, Coping, Social Support and Sense of being		
		F3Lack of stability (11)		Hafiza Zaianb Sajjad & Dr Ayesha	Sajjad, Z. H, & Jabeen,	57 1 5 11 5	Fall 2019-	
	Tolerance of Uncertainty Scale for university students	F4Lack of acceptance (7 items)	0.81	Jabeen	A. (2021).	Dysfunctional in University Students	Spring 2021	
1		41 items						
		Four Factors						
		F1 Low Self-Esteem						
	Fear of Missing Out Scale	F2 Lack of Contentment.		Amna Saba Sabir & Avesha Jabeen	Sabir S A & Jabeen A (2021)	Attachment Styles, Mindfulness, Interpersonal Difficulties and Fear of Missing Out	Fall 2019-	
-	Fear of Missing Out Scale	F3 Apprehensions and Jealousy	0.9	Amna Saba Sabir & Ayesha Jabeen		In University Students	Spring 2021	
1		30 items			Khan & Jabeen, 2021			
		Two factors						
		F1Sustaining						
	Academic Stressors Scale	Performance F2 Psychosocial stressors	0.92	Maria Khan & Ayesha Jabeen		Academic Stressors, Eating Problems and Mental Health Issues in College Students	Fall 2019- Spring 2021.	
-			0.92	Maria Knan & Ayesna Jabeen		Academic Stressors, Eating Problems and Mental Health Issues in College Students	Spring 2021.	
1		25 items			Saleem & Jabeen, 2021			
		Two factors						
		F1 Moral Values F2 Violating Rules	0.93	Nafeesa Saleem & Ayesha Jabeen			Spring 2019- Fall 2021	
-	Driving Anger Scale (DAS)	F2 Violating Rules	0.93	Nafeesa Saleem & Ayesha Jabeen		Extroversion, Distress Tolerance and Driving Anger in Motorcyclists	Fall 2021	
1		F1 Mindfulness			Batool & Jabeen, 2021			
		F2 Self-Kindness						
	Self-Compassion Scale	F3 Spirituality	0.93	Atia Batool & Ayesha Jabeen		Self-Compassion Interpersonal Difficulties and Mental Health Problems in University Students.	2019-2021	
1	· · · · ·	F1Sense of Support			Zaidi & Jabeen, 2021			
1	Father Daughter Relationship Scale	F2 Sense of Security	0.98	Gichan Bano Zaidi & Ayesha Jabeen		Father Daughter Relationship, Self-Concept and Quality of Relationship with Spouse : A Women's Perspective	2021	
1	Psychosocial Issue Scale	(27 items)		Farwa Ashraf & Dr Ayesha Jabeen	Ashraf, F. & Jabeen, A	Executive Functioning, Adaptive Behavior and Psychosocial Issue in	Fall 2019 spring 2021	
1 '		2 Factors	0.89				1 2017 spring 2021	
1		F1 Defiance (13 items)	1			Middle Childhood	1	
		F2 Disruptive behavior (10 items)						
1	Adjustment Difficulties in Preschoolers	(31 items)	0.91	Ayesha Haider & Dr. Ayesha Jabeen	Haider, A. & Jabeen, A. (2021).	Temperament, Quality of Parent-Child Relationship and Adjustment Difficulties in Preschoolers.	Fall 2019-Spring 2021	
1		3 Factors F1 Lack of Assertiveness (8 Items)	1			Preschoolers.	1	
1		F I Lack of Assertiveness (8 Items) F2 Interactional Difficulties (15 Items) F3 Lack of Emotional Stability (7 Items)					1	
L		F3 Lack of Emotional Stability (7 Items)						
1		27 items and 3 factors 1.Deflated self worth (16 items)						
1		2.Self Depreciation (7 items)						
1		2.Self Depreciation (7 items) Spirtual Compensation(4 items)						
H	Pathological Guilt in Young Adults		0.87	Fariha Zulfiqar & Rabia Khadim	Zulfiqar & Khadim (2020).	Attachment to God, Pathological Guilt and Mental Health problems in Young Adult	2019-2021	
1 1		22 items and 3 factors						
1		1- Interpersonal mistrust 2- Poor self image						
	Paranoid Tendencies Scale	3-Social isolation		Fatima Aslam and Sadia Saleem	Aslam & Saleem (2021)	Percieved Parenting styles, Paranoid Tendencies and interpersonal Mistrust in Young Adults	2019-2021	
1		27 items						
·		Factor 1: Fear of Evaluation (18 items)						
1								
1		Factor 2: Nervousness						
1	Presentation Anxiety Scale for University Students	(9 items)	0.02	Aiman Fatima & Halima Khurshid	Estima A & Khurchid H (2022) Amerikanzion amotion randation statution	Apprehension, Emotion Regulation Strategies and Presentation Anxiety in University Students	2019-2021	
+ .	a reasonational Attivities ocare for University Students	30 items	0.93	comunicational existence and a stratighter and	 woma, A. & Knursmu, H. (2022). Apprenension, emotion regulation strategies and pres 	Approximition, Lancion Regulation Subregres and resentation Address In University Students	2017-2021	
1 1		F1: Supportive						
1		F1: Supportive (12 items)						
1		F2: Controlled	93					
1		(9 items)	.93 F1: .79					
1			F2: .79					
1		(9 items)						
1	Perceived Father-Son Relationship Scale for Male Young Adults		F3: .70	Dania Waseem & Halima Khurshid	Waseem, D. & Khurshid, H. (2022). Perceived father-son relationship, resilience and psy	Perceived Father-Son Relationship, Resilience and Psychological Distress in Male Young Adults	2019-2021	
1			F1: 82					
1		F1: Hesitant Communication (13 items)	F2: 71					
1		F2: Discrete Communication (8 items)	F.Z/1					
1			F3: .73					
L	Perceived Daughter-Father Communication Scale	F3: Expressive Communication (5 items)		Tooba Haider & Halima Khurshid	Haider, T. & Khurshid, H. (2022). Perceived daughter-father communication, self-concept	Perceived Daughter-Father Communication, Self-Concept and Interpersonal Difficulties in Female Young Adults	2019-2021	
1		24 items and 4 factors 1.Emotional Closeness (7 items)						
1		2.Providing Support (7 items)						
1		2.Providing Support (7 items) 3.Preferred Relationship (5 items) 4. Providing Protection (5 items)						
1		Providing Protection (5 items)		T I K IADI KI K			2010 2021	
1	Perceived Parental Favoritism Scale of Adolescents		0.8	Tooba Kanwal & Rabia Khadim	Kanwal & Khadim (2021).	Perceived Parental Favoritism, Family Communication, Identity And Emotional Behavioral Problems in Adolescents	2018-2021	

	1	28 items and 3 factors						
		 Lack of understanding [12 items] 						
	Relational Turbulence Scale of Young Married Couples	2- Apprehensions[7 terns] 3- Lack of support [9 items]		Armish Ahmad and Rabia Khadim	Ahmad & Khadim (2021).	Communication Pattern, Emotion Regulation, Relational Turbulence and Mental Health Problems in Young Married Couples.	2019_2021	
	1	24 items and 3 factors 1.						
		self rumination 2-spiritual rumination 3- other						
		rumination 3- other		Aiman Shahzad and Ayesha Jabeen	Shahzad, A. & Jabeen, A. (2021). Self Perception, Ruminative Inertia and Social Anxiet	Self Perception, Ruminative Inertia and Social Anxiety in University Student.	2019-2021	
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	1	26 items and it was based on a Likert scale rating in which 0= not at all, 1= rarely, 2= to much. 3Factors: Adaptability (12 items),,, Emotional Control (
	Self-Control Scale of College Students	much. 3Factors: Adaptability (12 items),, Emotional Control (0.86	Huma Aslam and Sana Fatima	(Aslam & Fatima,2022)	Impulsivity, Self-Control and Interpersonal Difficulties in College Students	(2019-2021)	
	1	24 items,5 point Likert scale						
	Psycho-Social Issues Scale of Partner's of HIV Patients	24 items,5 point Likert scale ranging from 1 "not at all" to 5 "to a great extent". The scale factors named as illness anxiety, familial issues and financial	0.86	Hafiza Oaria Aisha Batool and Sana Fatima	(Batool& Fatima, 2022)	Communication Pattern, Coping Mechanisms and Psycho-Social Problems in the Partner's of HIV Patients		
	1	13 items,5 point likert scale						
	Coping Mechanisms Scale of Partner's of HIV Patients	13 items,5 point likert scale ranging from 1 "not at all" to 5 "to a great extent". The scale factors named as emotional and spiritual coping and solution	0.89	Hafiza Qaria Aisha Batool and Sana Fatima	(Batool& Fatima, 2022)	Communication Pattern, Coping Mechanisms and Psycho-Social Problems in the Partner's of HIV Patients		
-	1 Scale of Self-Improvement for Young Adults	(36 items) 3 factors F1 Strategies (19 items)	0.91	Ribaha Sultan & Dr Ayesha Jabeen		Social Comparison, Self-Compassion, Self-Improvemen, and Mental Health Problems in Young Adults	Fall 2020-Spring 2022	
		F2 Initiative (9 items)	0.71	reionini ounan de Di Figesini Subcen	Summ, N, & Suben, N. (2022).	overal comparison, sen-compassion, sen-improvemen, and mental reason rootens in roung reaso	1 un 2020 opring 2022	
	1	31 items and 3 factors 1. Sustaining Attention (14 items) 2. Inhibition (11 items) 3. Maladuptive Behavior (6 items)						
		1. Sustaining Attention (14 items) 2. Inhibition (11 items)						
		3. Maladaptive Behavior (6 items)	0.94					
-			0.94	Aqsa Zaheer & Rabia Khadim	Zaheer & Khadim (2022).	Temperament, Attention Deficit, Hyperactive Symptoms and Emotional Behavioral Problems in Children: A Teacher's Perspective.	2020-2022	
	1	34 items and 3 factors 1.Functional Impairment (20 items) 2.Mental Exhaustion (6 items) 3.Somatic Problems (8 items)						
		2.Mental Exhaustion (6 items) 3.Somatic Problems (8 items)						
L	Psychosocial Issues of Migraine Patients (PSI)	Johnman Floorens (o neid5)		Zahra Batool & Rabia Khadim	Batool & Khadim (2022).	Distress Tolerance, Psychosocial Issues and Interpersonal Difficulties in Migraine Patients.	2020-2022	
	1 Psychosocial Functioning of Paitients with diabetic amputation.	e 1012		Umaiza and Shama Rafiq	Rafiq & Umaiza (2022)			
	diabetic amputation.	Single Solution	0.71			Temperament, Psychosocial Functioning, Trauma Appraisal and Mental Health Problems in People with Diabetic Amputation	2019-2021	
	1 Psychosocial stressors of Engineers	F1: Personal and Workplace Strain, 0.91 F2: Work-related Pressures. .89		Umaiza Bashir	Javid & Bashir (2022)	Personality Traits, Psychosocial Stressors, Resilience and Job		
		F2: Work-related Pressures.		Masooma Javid		Satisfaction in Engineers		
			0.94	l			2020-2022	
	1	29 items and 3 factors.						
		2-9 items and 5 items) 1-Self-reflection (15 items) 2-Pleasant thoughts and behaviors (8 items)						
		3- Adaptability (6 items)	0.02	Anam Shahzadi & Rabia Khadim	Shahzadi & Khadim (2022).	Self-compassion, euclaimonic wellbeing and interpersonal difficulties in working women.	2020-2022	
-	Eddamonic wendenig in working women scale	(6 iteliis)	0.93	Anani Shanzadi ee Kabia Khadini	Shahzadi & Khadini (2022).	Sen-compassion, eukannonie wenoeing and interpersonal unitednies in working wonten.	2020-2022	
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	1 Social comparison in university students	(23 items) 3 Factors	0.709	Namra Zafar & Dr Ayesha Jabeen.	Dr Ayesha Jabeen A.(2023)	Social Comparison, Emotion Regulation and Social Anxiety in University Students	Fall 2021-Spring 2023	
		FI			11(2023)			
		Prosocial						
		F2						
		Social Facility F3						
		Socially Likeable						
	1		F1: 87 F2: 78					
	Coping Strategies of Women with Menopause	20 items F1: Disassociation with Self and Others (1	F2:./8	Isma Zameer & Halima Khurshid	Zameer, I. & Khurshid, H. (2022). Psychosocial problems, coping strategies and mental	Psychosocial Problems, Coping Strategies and Mental Health Issues in Women with Menopause.	2020-2022	
	1	30 items						
		F1: Prosocial (11 items)						
	Extraversion Scale for University Students	F2: Social Facilitator (11 items) F2: Socially Likeable (8 items)		Rida Imran & Halima Khurshid	Imran, R. & Khurshid, H. (2022). Extraversion, social intelligence and psychological di	Extravartion Social Intelligence and Bruchological Distance in University Students		
<u> </u>	1	Total 27	0.87	Kone olinan ek rrannna K.RUISDIG	muum, e. & Knutsina, ri. (2022). ExtraverSion, social intelligence and psychological di	sonarecoon, occas aneingenee ana royenological troness in University Students		
		five factors.						
1		Cultural Estrangement (Relaibility 0.70)						
1		Social Estrangement (Relaibilty 0.66). Self-Estrangement (Relaibilty 0.70).						
		Self-Estrangement (Relaibility 0.70). Emotional Estrangement (Relaibility 0.58).						
	Estrangemnet Scale of Young Adults	Cognitive Estrangement (Relaibilty 0.61).	0.83	Aqsa Ejaz & Ms. Fatima Sana	Ejaz, A., & Sana, F. (2023).	Estrangement, Attachment, and Narcissistic Tendencies in Young Adults	2021-2023	
	1	Total 27						
		three factors. Generosity (Relaibility 0.76).						
	Prosocial Personality Scale For Young Adults	Generosity (Relaibility 0.76). Self-Reliance (Relaibility 0.76). Beneficence(Relaibility 0.74).		Nabia Qureshi & Ms. Fatima Sana	Qureshi, N., & Sana, F. (2023)	Prosocial Personality, Self-Compassion, Resilience and Self-Harm Tendencies in Young Adults	2021-2023	
-	Prosocial Personality Scale For Young Adults	Beneficence(Relaibility 0.74). Total 24	0.87	Nabia Qureshi & Ms. Fatima Sana	Qureshi, N., & Sana, F. (2023)	Prosocial Personality, Self-Compassion, Resilience and Self-Harm Tendencies in Young Adults	2021-2023	
		F1-Somatic: 90 F2- Lack of Motivation : 90 F3-Financial Constraints: .83						
		F3-Financial Constraints83						
	Difficulties in Treatment Adherence Scale		0.91	Shamaila Shamshad & Muhammd Umer Sultan	Shamshad & Sultan (2023)	Personality traits, Paranormal Beliefs and Treatment Adherence in Patients with Mental Health Disorders	2021-2023	
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